



The best activities guide around!

JULY 2003



NCAA All-Star Golf – 13th

Seafood Feast at CZCC – 18th

Summer Reading Awards Program – 24th

Bodybuilding Competition – 26th



The U.S. Army Garrison, Japan (USAG-J), Services Division, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.

Z A M A community **BUGLE**

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THIS MONTH'S COVER

Representatives from the International Boys and Girls Clubs of America named Zama American High School 11th grader, Meagan Clark, Youth of the Year. On 6 June, she was presented with a Youth of the Year certificate which Meagan is holding in the picture on our cover. Meagan was also presented with a Youth of the Year coin at the Camp Zama Youth Center. Winning this strenuous competition gives her the opportunity to represent about 750 youths from the high school. Meagan said she learned about being a leader by going to the Teen Center and getting involved with the diverse youth cultures. She is pictured with Chris McKibbin, Assistant Youth Center Director, and Leslie Morris, Youth Center Director.

Photo by Richard Haun, and technical enhancement by Hideko McKeta.



USAG-J, COMMUNITY ACTIVITIES	MS. WITTKAMP	263-7611
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BOWLING CENTER	MR. GALLAGHER	263-4780
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YOUTH SPORTS	MS. JEW	263-5437
10TH DCA TORII STATION		644-5396

OTHER NUMBERS		
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CPAC	MS. MORGAN	263-3755
CPAC NAF UNIT		263-4383
FAMILY HOUSING OFFICE	MS. QUENGA	263-3527
HARDY BARRACKS LODGING	MR. SHIBATA	267-3270
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CALENDAR OF EVENTS

2003

July

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>The MWR Marketing staff wishes you a safe and happy 4th of July</p>		1 <ul style="list-style-type: none"> Toshimaen Amusement Park Trip YS 	2 <ul style="list-style-type: none"> Mongolian BBQ CZCC 	3 <ul style="list-style-type: none"> Paint Ball Challenge YS Washington DC Youth Orchestra Concert Green Hall Sagamihara 	4 <ul style="list-style-type: none"> Tokyo Disneyland Disneysea Tour 4th of July Celebration Dewey Park Nichibei Friendship Golf Outing CZGC 	5 <ul style="list-style-type: none"> Kayaking YS Nichibei Friendship Golf Outing CZGC Fujikyu Highland Tour
6 <ul style="list-style-type: none"> Kamakura Excursion Tour Tanabata Star Festival Tour 	7 <ul style="list-style-type: none"> Yokohama Zip Trip Tour Obstacle Course (Fear Factor Challenge) YS 	8 <ul style="list-style-type: none"> BOSS Meeting ODR Single Parent Support Group Meeting ACS 	9 <ul style="list-style-type: none"> Mongolian BBQ CZCC 	10 <ul style="list-style-type: none"> Mt. Fuji Hike Information Night ODR Mt. Fuji Climb YS 	11 <ul style="list-style-type: none"> Build Your Own Burger CZCC 	12 <ul style="list-style-type: none"> Yokota Shopping Tour Kyoto Overnight Tour Kayaking Intro Class ODR
13 <ul style="list-style-type: none"> NCAA All-Star Golf Team CZGC New Sanno Brunch & Minato Mirai 21 Tour 	14 <ul style="list-style-type: none"> Tokyo Summer Land Amusement Park Trip YS 	15 <ul style="list-style-type: none"> Newcomer's Orientation CCC 	16 <ul style="list-style-type: none"> Medical Morning and Community Tour ACS Mongolian BBQ CZCC 	17 <ul style="list-style-type: none"> Newcomer's Train Class Parts I ACS Summer Safety for Toddlers ACS Nichibei Friendship Golf Tournament CZGC 	18 <ul style="list-style-type: none"> Seafood Feast CZCC 	19 <ul style="list-style-type: none"> Hakone Excursion Tour Overnight in Izu Tour Newcomer's Train Class Parts II ACS Home and Home Tama Hills Golf Course
20 <ul style="list-style-type: none"> Overnight in Izu Tour Yokohama Fireworks Tour Chess Club Tournaments YS 	21 <ul style="list-style-type: none"> Ocean Day Clean Up YS 	22 <ul style="list-style-type: none"> Quarters Beautification Competition ACS 	23 <ul style="list-style-type: none"> Fujikyu Highland Amusement Park YS Mongolian BBQ CZCC 	24 <ul style="list-style-type: none"> Summer Reading Awards Program Zama Library Gourmet Night CZCC 	25 <ul style="list-style-type: none"> Horseback Riding YS Tomodachi Day CZGC 	26 <ul style="list-style-type: none"> Mt. Fuji Hike Tour Kayaking at Lake Ashi Tour Bodybuilding Competition CCC
27 <ul style="list-style-type: none"> Blueberry Picking & Mt. Fuji 5th Station Tour Nikko Excursion Tour 	28	29 <ul style="list-style-type: none"> Good Ole' Fashion Pool Party & BBQ YS 	30	31 	UPCOMING EVENTS: <ul style="list-style-type: none"> Bon Odori Festival - 9 August Golf Club Championship 23 - 24 August YS Chess Club Tournament 19 - 20 August 	

The NCAA All-Star Golf Team

Sunday, 13 July, 8 am



Private Competition

Open to the first 40 golfers to sign up and pay for this chance to join some of the top female college golfers in the country. The entry fee of \$15 includes golf cart, continental breakfast, and luncheon buffet. A separate skins game will also be held.

T

he Camp Zama Youth Center is open for 9 - 12th graders only from 6 - 8 pm week nights, and 8 - 10 pm on Fridays and Saturdays. Transportation provided from and to SHA nightly.

■ Child and Youth Services • 263-4743 (Map location 37)

YOUTH SPORTS.

• **Flag Football Registration**

Will soon end 15 July. Children aged 8 to 14 are eligible to participate. Cost is \$35 for the first child and \$28 for each additional child. Register at Central Registration, Bldg 533, or call Youth Sports for more information at 263-5437.

• **Referees and Scorekeepers are needed for Youth Sports**

Youth Sports is looking for people in-

terested in officiating and score keeping during the upcoming flag football and soccer season. Mature and young adults ages 16 and up are eligible. If interested, please contact the Youth Sports Office at 263-5437 or 3424.

• **Volunteer Coaches.**

Youth sports coaches are needed for the upcoming youth flag football and soccer program. Please sign up at the Youth Center or at Central Registration.

YOUTH EMPLOYMENT SKILLS (YES) WORK SHOPS

- **3 July - Goal Setting**
 1. Understanding Goals
 2. Developing a Personal Plan

- **10 July - Career Fields**
(Civilian Personnel Administrative Center)
 1. Hot Jobs
 2. Exploring Career Opportunities

- **17 July - Job Search Fields**
 1. Preparing a Resume
 2. Disturbing a Resume
 3. Writing a Cover Letter

- **24 July - Keeping the Job**
 1. Time Management
 2. Using Your Code of Ethics
 3. Customer Service
 4. Drugs and Alcohol

- **31 July - Basic Administrative Job Skills**
 1. Time Cards
 2. Understanding Leave Earnings Statements (LES)

- **7 August - Personal Improvements**
 1. Making a Good Impression
 2. Hygiene and Grooming in the Workplace

- **14 August - Communication Skills**

- **21 August - Summer Hire Year-End-Party**



Youth Summer Sports Clinics

Registration began 14 June for the following clinics (registration will close when classes are full):

- a. **Flag Football**
28 - 31 July 5 - 6:30 pm
- b. **Racquetball**
4 - 8 August 9 - 11 am
- c. **Inline Hockey**
11 - 22 August 5:30 - 7 pm (3x per week)

Cost is \$20 per child. Register at Central Registration, Bldg 533. For more information, call Youth Sports at 263-5437.

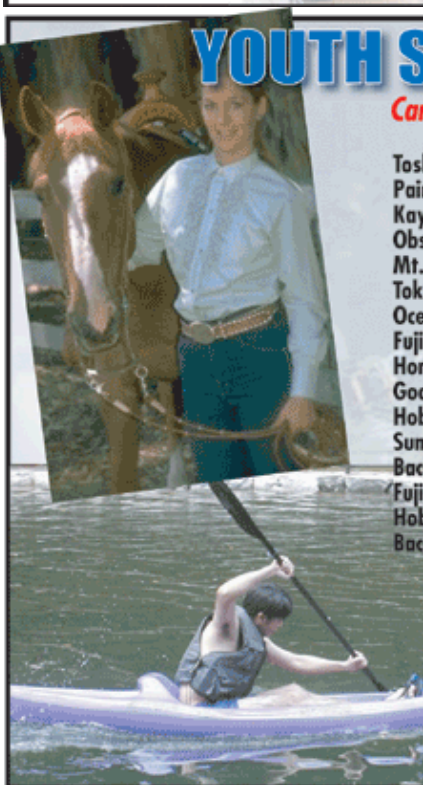
YOUTH SERVICES SUMMER ACTIVITIES

Camp Zama Teen Center offers the following Extreme Sports, Amusement Parks and other YS Activities

Toshimaen Amusement Park	1 Jul	\$25.00
Paint Ball Challenge	3 Jul	\$10.00
Kayaking	5 Jul	\$25.00
Obstacle Course (Fear Factor Challenge)	7 Jul	FREE
Mt. Fuji Climb	10 - 11 Jul	\$15.00
Tokyo Summer Land Amusement Park	14 Jul	\$25.00
Ocean Day Clean Up	21 Jul	FREE
Fujikyu Highland Amusement Park	23 Jul	\$25.00
Horseback Riding	25 Jul	\$15.00
Good Ole' Fashion Pool Party & BBQ	29 Jul	\$3.00
Hob Nob Dance (9 - 12 grade only)	2 Aug	\$3.00
Summer Camp at Tama Hills	14 - 17 Aug	\$75.00
Back to School Shopping (transportation only)	18 Aug	FREE
Fujikyu Highland Amusement Park	20 Aug	\$25.00
Hob Nob Dance (9 - 12 grade only)	23 Aug	\$3.00
Back to School Last Minute Shopping (transportation only)	24 Aug	FREE

- All youth participants must be registered at the CYS Central Registration Office, Bldg 533.
- All youth wanting to sign up for an activity that has a fee must sign up and pay for that activity at CYS Central Registration Office, Bldg 533.
- Sign up at the Camp Zama Youth Center, Bldg 31, for all FREE activities.

Minimum number of youth required to keep an activity from being cancelled is 10 (youth maximum amount of youth may vary). Please call Youth Services, 263-4500, or the Central Registration Office, 263-4125, for the maximum number of youth required to participate in an activity. All activities have registration cut off dates. Please call the Central Registration Office or Youth Services for the dates.



2003 Junior Golf Registration & Championship

Junior Clinic#2

21 - 24 July (Mon - Thu)

COST \$35

SCHEDULE: Age 6 - 9 (0800-0915) • Age 10-12 (0930-1045) • Age 13+ (1100-1215)

Monday - Putting	Tuesday - Chipping	Wednesday - Irons	Thursday - Woods
Play Dates and Times (10 and under: 5 holes • 11 and older: 9 holes)			
29 July (Tue), 4 pm 31 July (Thu), 4 pm			

..... **Junior Championship**

18 August, Monday (shotgun start at 8 am).
Luncheon and awards ceremony to follow.

We need adult volunteers to assist with the Junior Championship. For more information, call 263-4224.

DIRECTORATE OF COMMUNITY ACTIVITIES



"SMOKE FREE"

Effective 7 December, by Executive Order, all MWR facilities are "Smoke Free"

Chess Club

CAMP ZAMA CHESS CLUB TOURNAMENTS

19 - 20 July • 9 - 10 August
Saturday, start 2 pm to completion
Sunday, 2 - 6 pm
Zama Youth Center

Camp Zama Chess Club meets every Monday, 5 pm, at the Zama Youth Center.

For more information, please call 263-4500



Independence Day

Friday, 4th of July

The Yano Fitness Center is conducting these sporting events on America's finest day. Come out & participate or show your support!

***All Events are FREE!!!**

Liberty 3k/5k Fun Run

- 7:15 am (3k) & 7:40 am (5k) Starting Time at Dewey Park
- Awards to Top 2 Adults (Men & Women - per age category)
- Awards to Top 2 Youth (per age category)
- Age Categories:
Men & Women: 19-29, 30-39, 40-49, & 50 plus.
Youth: 9-12, 13-15 & 16-18

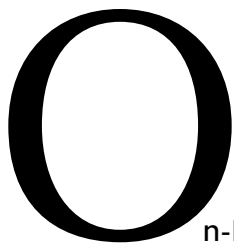
Sand Volleyball

- 6 person Volleyball Tourney
- 12:45 pm at Dewey Park
- Teams may be all male, all female or mixed.
- Single Elimination

"One Pitch" Softball

- 9 am at Rambler Field
- Teams may be all male, all female or mixed.
- Single Elimination

*Registration for "All Events" are at the Yano Fitness Center. For more info, please contact Andy Abear at 263-7980.



n-Line Research Tool. Try our on-line research tools First Search, OCLC, and Facts on File to search for the information you need. Stop by the library and discover a world of information at your fingertips.

- Check out our web site
<http://www.usarj.army.mil/information/zama/mwr/library/index.htm>



■ Community Libraries • 263-3517 (Map location 17)

STORY HOUR

Story hour is every Tuesday, 10 am, at the Zama Library, and every Thursday, 10 am, at the Sagamihara Library.

LIFETIME SPORTS AND RECREATION PROGRAM

See page 12 on more details.

NEW MCNAUGHTON BOOKS

- Lucky Stars by Heller, Jane
- Dead Aim by Johansen, Iris
- Last Good Season by Shapiro, Michael
- Bay of Souls by Stone, Robert
- DA Vinci Code by Brown, Dan - Best Seller
- Sharpe's Havoc by Cornwell, (BS)
- Vanished Man by Deaver, Jeff: A Lincoln Rhyme Novel (BS)
- Armageddon by LaHaye, Tim F (BS)
- I am the Central Park Jogger by Meili, Trisha (BS)
- Children of the Storm by Peters, Elizabeth (BS)
- Birthright by Roberts, Nora (BS)
- All He Ever Wanted by Shreve, Anita (BS)
- The Guardian by Sparks, Nicholas (BS)
- Reluctant Suitor by Woodiwiss, Kathleen E. (BS)

NEW VIDEOS

- Don't Say a Word Thriller
- Miami Blues Action
- Shipping News Drama
- A Great Wall Drama
- Orange County Comedy
- Jubilee Collection Music

CHILDRENS NEW DVDS

- Baby Neptune
- Baby Newton
- Baby Beethoven
- Teletubbies: (Go Exercise with the Teletubbies)
- Teletubbies: (Big Hug)
- Blue's Clues (Arts and Crafts)
- VeggieTales: (God Wants me to Forgive Them)?
- VeggieTales: (The Ultimate Silly Song Countdown)
- The Land Before Time VI: (The Secret of Saurus Rock)
- Barney's: (Great Adventure, Barney in Out Space, Imagination Island, Once Upon a Time, Campfire Sing-Along, Good, Clean Fun, Best Manners, Super Singing Circus, Sing & Dance with Barney)
- Oh Brother! She's My Sister
- A Bug's Life
- Summer of the Monkeys
- Buzz Lightyear
- The Many Adventures of Winnie The Pooh

Summer Reading Awards Program

All parents who attend will be eligible for special door prize drawings to recognize your efforts to have your family members participate.

**Thursday, 24 July, 10 am
Zama Library**

- All youth who participated in the "SUMMER READING PROGRAM" will receive mementos
- Many door prizes and refreshments

For information, phone Mr. Sugawara, 263-5251



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■ Camp Zama Golf Club • 263-4224 (Map location 21)

<http://www.usarj.army.mil/information/mwr/business/golf/>

TOURNAMENTS

• *Nichibei Friendship Golf Outing*

July is a busy month at the golf course. It starts with the 2nd Annual 4th of July Nichibei Golf Outing on Saturday, 5 July, 1 pm, shotgun start. Contact Ernie Harada at 263-4225 to sign up.

• *Nichibei Friendship Golf Tournament*

Thursday, 17 July, 9 am, shotgun start.

• *Tomodachi Day*

The monthly Tomodachi Day event will be held on Friday, 25 July. Your Japanese Guests can play with you for the low fee of ¥4,000 plus cart. This is a significant savings over the regular rate of ¥10,000.

• *Home and Home*

On Saturday, 19 July, at the Tama Hills Golf Course, 25 selected golfers will be chosen to compete for bragging rights against golfers from Tama Hills, Atsugi Golf Club, and Misawa Golf Club. This is the first of three such events. The second one is 16 August at Whispering Pines, and the final event is 20 September at Camp Zama. There is no charge for these events, but you must have a USAG handicap to participate since these are all "net" events. Transportation to Tama

Hills will be provided. Sign up in the golf shop.

UPCOMING EVENT

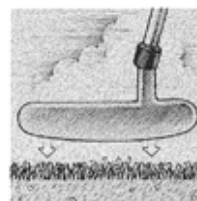
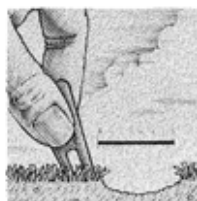
Looking ahead, mark your calendars for the Club Championship that will be held on Saturday - Sun-

day, 23 - 24 August. The championship flight will play 36 holes on Saturday and 18 holes on Sunday (54 holes in all). All other flights will play 18 holes on each day (36 holes total). You must have a USGA handicap to compete.

The Proper Way to Repair a Ball Mark



- 1 Use a prolonged ball mark repair tool (preferably), knife, key or tee.
- 2 Insert at the edges of the mark - not the middle of the depression.
- 3 Bring the edges together with a gentle twisting motion, but don't lift the center. Try not to tear the grass.
- 4 Smooth the surface with a club or foot. You're done when it's a surface that you would putt over.



Source: Golf Course Superintendents Association of America

Custom Fitting by PING Golf



...We can now fit you for putters also!...

Camp Zama Golf Club has been selected by Ping Japan as the Custom Fitting Center for this area. Dale Jorgenson, Director of Golf, and Ernie Harada, Head Golf Professional, have been factory trained to help you find the best combination of lie, length, grip, shaft and model to fit your golf swing. C26G has 30 different irons and 10 different woods to accommodate almost any golfer. Cost for the fitting session is \$25 (waived if you purchase clubs). Call today and schedule your appointment at 263-4224 or 263-4225.

C a m p • Z a m a • G o l f • C l u b

"TOTAL VISION" ...Video Instruction...

Cost is \$50

(includes a take home video tape)

Zama Golf Club announces video Instruction using "Total Vision". Spend an hour with the pros for a detailed analysis of your golf swing using the latest computer technology.

Call Dale Jorgenson at 263-4224 for an appointment.



Installation Volunteer Program. The Camp Zama Community is always in need of volunteers. Without volunteer assistance, many of the programs and services we now enjoy would not be possible. Your spare time can make a difference. For more information, call 263-8327 or come to Army Community Service, Bldg 402.

■ Army Community Service • 263-8327 (Map location 2)

FINANCIAL AND EMPLOYMENT READINESS 263-8091

The Army Community Service, Consumer Affairs and Financial Assistance Program Office, assists soldiers, civilian and family members in "personal financial planning". This may involve learning how to use credit wisely, developing and maintaining a logical spending plan, or reconciling a checking account. It could also be a decision involving an appropriate investment - bonds, stocks or mutual funds. It could also involve decisions on what type of Individual Retirement Account (IRA) or annuity is right for you. Should one invest in the Thrift Savings Plan? What is the best mixture of bonds and stocks?

RELOCATION READINESS / MOBILIZATION AND DEPLOYMENT PROGRAMS 263-8089

• *Medical Morning and Community Tour*

Healthcare professions provide information about medical care and counseling services in Japan and the military community. A pharmacy class, which is mandatory in order to receive over the counter medications, is also given during this briefing. The briefing will be held on 16 July in the ACS Community Room, 8 - 11 am. The orientation is mandatory for military and civilian personnel. Adult family members may also attend. The In/Out Processing Office (263-4122) will schedule attendees for this program.

A community bus tour will be conducted immediately following the briefing. Spouses new to the community are encouraged to attend. Lunch will be provided. The tour is scheduled from 11 am - 2:30 pm. Please call ACS at 263-8327 to register (tour only).

• *Newcomer's Train Class Parts I & II*

Part I will be held on Thursday, 17 July, 6 - 8 pm, in the ACS Community Room, Building 402. Get out and see Japan! This class will teach you how to read the signs in the stations, buy train tickets, and more.

Part II will be conducted on Saturday, 19 July, 9 am. Join us as we practice how to travel by train and subway. Our class will travel to Tokyo, stop for lunch at the New Sanno Hotel, and shop in Shinjuku. Children and family members are welcome; bring about ¥1,300 per person for transportation expenses. All attendees should meet at Gate 4.

• *Community Information Exchange Meeting (CANCELLED)*

This is an open forum for senior leader spouses, Family Readiness Group (FRG) leaders and community members. Command leaders and community representatives provide information and updates on commu-



New Parent Support Program
Summer Safety for Toddlers
Thursday, 17 July
9 - 11 am
AACS Outreach Room
This class will provide parents with safety tips for keeping their toddlers happy and safe during the summer months.
For more information, call 263-8057 / 263-3638

Command Right Start Program Installation Newcomer's Orientation

All newcomers are invited to attend the Newcomer's Orientation on Tuesday, 15 July, 8:30 am - 3:30 pm, at the Community Cultural Center, Building 267. The program will begin with a welcome by the Commanding General and the Garrison Commander. Several presenters will provide an overview of the policies, programs, and services at Camp Zama. An information fair will be conducted during this time which will offer participants an opportunity to meet community representatives and managers from MWR, DoDDs, AAFES, Commissary and Private Organizations. The orientation also includes a bus tour and a "Taste of Japan" luncheon. This program is mandatory for military and civilian personnel. Adult family members are encouraged to attend. Free childcare is available by calling CDS in advance, 263-4743.

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nity events and projects. The meeting next will be held on 23 July in the ACS Community Room at 9 am. For more information, contact Wanda Abrams at 2638057.

FAMILY ADVOCACY PROGRAM 263-8057

The Family Advocacy Program provides services that are designed to prevent spouse and child abuse by improving family functioning, easing the kinds of stress that can aggravate or trigger patterns of abusive behavior, and create a community that is supportive of families. The prevention of family violence is a community responsibility which includes awareness, education, and intervention in high-risk situations. If your unit or organization would like to schedule a class, workshop or seminar on topics such as spouse and child abuse prevention, reporting and referral procedures, safety education or family life enhancement etc., contact Army Community Ser-



Quarters Beautification Competition

THANKS to AAFES and the USA Credit Union for supporting the Quarters Beautification Competition on 22 July. "Your support to our community is sincerely appreciated"

USA Credit Union
AAFES

The Quarters Beautification Month Competition commenced in May and will end in September. The Mayor, Deputy Mayor or Building Coordinator of the housing areas of Camp Zama, to include the high rises, Sagamihara and Sagami General Depot will be judging their area's lawns for the winner, first runner-up and second runner-up awards. Some lawn supplies may be available to residents at the USAG-J, DPW self-Help Center. The Self Help Center can be contacted at 263-4639.

vice (ACS), Family Advocacy Program, at 263-8057.

The Reporting Point of Contact (RPOC) for suspected child or spouse abuse is the Military Police at 263-3002. If you have questions regarding child or spouse abuse, contact the ACS Family Advocacy Program, 263-8057.

• **Workshop**

Tuesday, 8 July - Single Parent Support Group, 1:30 - 3 pm, at ACS.

The desired goal of this group is to support others, identify and resolve issues that affect family and mission readiness, as well as provide educational information relative to our family systems.



Camp Zama Community Club

Seafood Feast

**Friday, 18 July, 5 - 9 pm
in the Ballroom**

Adults (advance): \$22.95 \$24.95 at the door	Ages 3 - 12 (advance): \$11.95 \$13.95 at the door Under 3: Free
--	---

For more information, 263-4133

L

adies Night.

Ladies, join us every Thursday, 7 - 11 pm, in the Firelite Lounge. The DJ will be playing a variety of music and there will be door prizes.

CAMP ZAMA COMMUNITY CLUB

New Come try our new BINGO program!

\$100,000.00 BINGO

Thursday:
Cards go on sale at 6 pm
First game starts at 7 pm

Sunday:
Cards go on sale at 5 pm
First game starts at 6 pm

***Plus a chance to win \$10,000.00!!!**

- You don't have to run, we have lots of packages!
- Two brand new games with great jackpots!

*For more information, please call 263-4547

■ Camp Zama Community Club

(Map location 12)

• 263-4133

■ MONGOLIAN BBQ

EVERY Wednesday in the ballroom, 5 - 9 pm. Reservations are welcome. USA Dining Room and Eda's Seafood and Filet will be closed.

■ BINGO NIGHT

Our bingo program has changed! Every Thursday and Sunday nights try our new games! Join the winner's circle with many others who have won our money giveaway. **Maybe you will be one of the lucky ones to win our new large cash pay out.** But, you will never know unless you come out and try your luck at our bingo game. Don't worry about dinner; you can eat while you play.

■ EDA'S SEAFOOD AND FILLET

A touch of elegance, featuring quality meals and service. Dinners for as little as \$18.95! Something for everyone! Reservations are encouraged. Dress code is business casual; no tie or jacket required. Open Thursday and Sunday from 5 - 9 pm; Friday and Saturday from 5 - 10 pm.

■ USA BUFFET

Enjoy soup, salad, starches, vegetables, three entrees and dessert. For adults, \$9.95; ages 4 - 12, \$4.95; free for ages three and below. This is a family style all-u-can eat buffet. **Friday Night Only** from 5 - 10 pm.

• Ballroom

Bingo

Sun 6 pm

Thu 7 pm

Cards go on sale one hour before the first game.

• Firelite Lounge

Wed

Karaoke 7 - 9 pm

Thursday

Ladies Night 7 - 11 pm

Friday

Variety 7 - 11 pm

Hip Hop 10 pm - 3:30 am

Sat Country 10 pm - 2:30 am

Sun Jazz 5 - 11 pm

E d a ' s S e a f o o d a n d F i l e t

Gourmet Night

Fabulous cuisine and wine to tempt any pallet. Pick up your ticket at the cashier's window. Seating is limited.

Thursday, 24 July, 6 pm
\$50 per person pays for it all!

LUNCHES

Sunday Brunch

Monday - Closed

Tuesday

- 1 Chicken Parmesan
 - Teriyaki Beef Steak
- 8 Spaghetti Primavera
 - Cashew Chicken w/Rice
- 15 Turkey Tetrazzini
 - Pork Katsudon
- 22 Pork Cutlet Parmigiana
 - Quick Fried Diced Chicken
- 29 Sloppy Joe's on a Bun
 - Pork Teriyaki w/Rice

Wednesday

- 2 Seafood au Gratin Casserole
 - Stir Fried Pork w/Green Peppers
- 9 Hungarian Goulash
 - Italian Sausage w/Green Peppers
- 16 Grilled Pork Chops w/Gravy
 - Chinese Chili Chicken
- 23 Grilled Chicken
 - Ankake Fish w/Sweet & Sour
- 30 Chicken Piccata w/Rice Pilaf
 - Beef Curry w/Rice

Thursday

- 3 Honey Lime Glazed Chicken
 - Beef and Broccoli Stir Fry
- 10 Fish & Chips w/Cole Slaw
 - Sweet & Sour Pork w/Rice
- 17 Swiss Steak Jardinier
 - Vegetable
 - Yakisoba
- 24 Cajun Style Roast Pork
 - Pepper Steak w/Rice
- 31 Baked Meatloaf w/Gravy
 - Breaded Cod Fillets w/Tart

Friday - Buffet

- 4 • Closed
- 11 • Fajitas
- 18 • Southern
- 25 • Asian

OTHER EVENINGS IN THE USA BUFFET DINING ROOM

- Chef's Special on Tuesday and Thursday evenings along with our new full menu.
- Prime Rib on Saturday.
- 2 for 1 Steak Night every Sunday (good for "steak of the night" only)
- Our regular menu will be offered in addition to the above specials on Saturday and Sunday nights.

DINNER MENU

Sunday

- 2 for 1 Steak Night
- Limited Menu
- Fine Dining

Monday - Closed

Tuesday

- Regular Menu
- Chef's Special

Wednesday

- Mongolian BBQ
- Limited Menu

Thursday

- Chef's Special
- Regular Menu

DINNER MENU

• Fine Dining

24 Gourmet Night

Friday

• Regular Menu

• Fine Dining

- 4 Closed (Holiday)
- 11 Buffet - Hamburger Night
- 18 Buffet - Seafood Buffet
- 25 Country Captain Chicken Beef Broccoli

Saturday

- Prime Rib Dinner (\$12.95)
- Regular Menu
- Fine Dining

CAMP ZAMA COMMUNITY CLUB

ZAMA



IDOL

Ladies Night

AND KARAOKE CONTEST EVERY THURSDAY FROM 7 PM TO 11 PM.

- DJ PLAYS VARIETY MUSIC.
- ERIC SCHMIDT IS YOUR ZAMA IDOL HOST.
- PRIZES AND LOTS OF FUN!

Camp Zama Community Club

Build Your Own

BURGER

\$8.95

Friday, 11 July 5 - 10 pm

Complete Black Angus or Garden Burger meal to include french fries or potato salad, beverage and blueberry pie ala mode! Extra burgers will also be available for \$5. 10% discount for those wearing an American patriotic outfit! Limited menu and children's menu are also available.



For more information, call 263-4133

S

agami Lounge

"Breakfast" from 8 - 9:30 am
(Monday, Wednesday, and
Friday). Please check out this
new experience.

Sagami Lounge will be closed
on Independence Day.

**Depot
Bowling Center**

OPEN
Tuesday - Saturday,
11 am - 8 pm
Wednesday,
3 - 6 pm
Family Bowling
Shoes: 50¢

Closed
Sunday & Monday

Looking for a place to have a Bowling Party?
Please call Michael or Randy, 268-4954.

**SAGAMI
LOUNGE**

"Entertainment"

Friday,
8 pm
with a DJ

• **3rd Friday,**
(18 July): 70 & 80 Music

• **2nd & 4th Friday,**
(11 & 25 July): Country
Music

■ Sagami Lounge • 268-4954/4847 (Map location 1) Orders: 268-4142

LUNCHES

SUNDAY

- 6 Sunday Brunch
- 20 Sunday Brunch

MONDAY

- 7 Sweet & Sour Pork
- 14 Teriyaki Chicken
- 21 Beef Steak
- 28 Grilled Chicken w/Sauce

TUESDAY

- 1 Chicken Cashew
- 8 Hamburg Steak
w/Cheese Sauce
- 15 Spaghetti w/Meat Sauce
- 22 Breaded Chicken
- 29 Soft Taco

WEDNESDAY

- 2 Soft Taco
- 9 Chicken Cordon Bleu
- 16 Chicken Cream Rice Gratin
- 23 Lasagna w/Garlic Bread
- 30 Roast Turkey

THURSDAY

- 3 Stuffed Pork w/Sauce
- 10 Lasagna w/Garlic Bread
- 17 Pork Chop Suey
- 24 Meat Loaf
w/Mushroom Gravy
- 31 Italian Hamburg Steak

FRIDAY

- 4 Closed
- 11 Mix Seafood Platter
- 18 Seafood Rigatoni
- 25 Mix Seafood Platter

DINNER SPECIALS

TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$7)

- 1 Mexican Dinner Special
- 8 BBQ Dinner Special
- 15 Japanese Dinner Special
- 22 Pizza & Pasta Dinner Special
- 29 Chinese Dinner Special

WEDNESDAY NIGHT

2, 9, 16, 23 & 30 July

draw your own discount

THURSDAY NIGHT (CHEF'S DINNER SPECIALS)

- 3 Chef's Dinner Special:
Beef Tenderloin Shish kabob
- 10 Italian Dinner:
Saute Salmon w/Clam Sauce
- 17 Korean Dinner:
Korean Style Spicy Chicken
Leek & Clam Chigimi
- 24 French Dinner: Beef Tender-
loin w/Wine Sauce
- 31 Japanese Dinner:
Agedashi Salmon

FRIDAY NIGHT

- 4 Closed
- 11 Prime Rib Dinner
- 18 Steak & Shrimp
- 25 2 for 1 Steak Night

SATURDAY NIGHT

- 5, 12, 19, & 26 July,
Mongolian BBQ
- 12 July \$1 discount, (Mongolian
BBQ only)

FREE KIDS MOVIES

Every Wednesday

6 pm

■ Hob Nob Inn • 267-6372 (Map location 6)

HOB NOB NEWS

The Hob Nob Inn dining room in the Sagami-hara Housing Area is available for use for private parties, Monday through Saturday. Dates and times are available on a first-come, first-serve basis. Room deposits are required to hold the date. Please contact the Hob Nob Inn for your reservation at 267-6372.

MOVIE NIGHT

Every Wednesday, 4:30 - 11 pm.
New selected movies. Adults only.

KARAOKE NIGHT

Every Friday, 4:30 pm - 1 am. A
great way to get together with your
friends. Adults only.



Lifetime Sports & Recreation

Participate in any four of the following events/programs and receive a free Lifetime T-shirt. Participate in any four additional events/programs and receive a free Lifetime hat.

July Events

Sports Office (POC: Andy Abear - 263-7980)

1. Pancake "Specialized Football Training" throughout July, (POC Stefan Thompson 263-5168)
2. Liberty 5K Fun Run, 4 July, (POC: Andy Abear 263-7980)
3. Summer "Learn-to-Swim" throughout July, (POC: Kimber Bailes 263-5656)
4. PT Strong Soldiers, 23 July, (POC Stefan Thompson 263-5168)
5. Camp Zama Bodybuilding Competition, 26 July, (POC: Joseph Kumzak 263-4042)

Outdoor Recreation (POC Cathy Spence - 263-3311)

1. Mt. Fuji hike information night, Thursday, 10 July
2. Intro class to kayaking, Saturday, 12 July
3. Mt. Fuji hike, Saturday, 26 July

Library (263-5267)

Read a Book (adult = 1 book / minimum of 300 pages;
child 6 - 14 = total of 14 easy or 300 pages of fiction or non fiction)

Arts & Crafts (POC Yoshio Nodera - 263-4412)

1. Ikebana classes 3, 10, 17, 24, 31 July, 2 pm, class fee \$15 plus ¥1,000 for fresh flowers
2. Japanese Dough Art classes 11, 18, 25 July, 2 pm, class fee \$10 plus ¥500 for materials

Community Cultural Center (POC John Senatore - 263-3939)

1. Sign up for any of the following classes / lessons: piano (Mon, Thu, Fri, noon - 6 pm), tap (Fridays, 5:30 - 6:30 pm), hula (Mondays, Thursdays, 5 - 8:45 pm), violin (Tuesdays, Thursdays noon - 6 pm) and Ballet Lessons, Fridays 4:30 - 8:45 pm
4. Gamers Gathering: play Warhammer 40,000, Necromunda, Warhammer Fantasy Battle, Mordheim Silent Death, Trinity Battleground, and others. Doors open at 9:30 am, 19 July

Auto Crafts (POC Mr. Bordenave - 263-3615)

Change Antifreeze/Coolant Classes, 9 and 23 July



The MWR web page is: <http://www.usarj.army.mil/information/mwr/index.htm>

F

amily Time Program

Washi paper and tole painting classes can be arranged on Wednesday's Family Time program in addition to the regular schedule. Let us arrange a schedule at your convenience on Wednesday afternoon. You must register in advance.

■ Arts and Crafts • 263-4412 (Map location 3)



LIFETIME FITNESS AND RECREATION

See page 12 on more details.

SERVICE

• The Craft Store

The Crafts Store at the Arts and Crafts Center has many products to include Washi paper, rubber stamps, ceramic supplies, oil and acrylic paints, polymer clays, tea boxes, plywood and

more. Our space is limited but we do our best to help you. If you don't see something you need, please fill out a Customer Product Survey form at the counter.

• Balloon Shop

Helium filled mylar balloons range from \$2.75 to \$3.75. Latex of many colors are 75¢ to 85¢. For better service, place your order in advance.

CUSTOM PICTURE FRAMING

All orders are completed on a first come, first served basis. We have a variety of moulding, mat boards, design colors and styles for you to choose from.

PRINT SHOP

• Screen Printing and Heat Transfer Printing

We carry heavy weight 100% cotton t-shirts. We will special order colors, size and style of shirts based on your request. All orders completed on a first come, first served basis.

INSTRUCTORS NEEDED

The Arts and Crafts Center is looking for Water Color & Acrylic Paint, Stained Glass, Photography, Contracted Custom Framers and various arts instructors. For more information, please contact Nodera at 263-4412.

..... ARTS CLASSES

Woodworking	Thursday	6 - 6:30 pm	No fee
	Saturday	10 - 10:30 am	No fee
Ceramics	Thursday	6 - 8:30 pm	\$5 plus materials
Pottery			
Basic Course	Saturday	2 pm	\$10 plus materials
Advance Course		Appointment only	\$10 plus materials
Framing			
Basic	Wednesday	6 - 8 pm	\$10 plus materials
Advance & Refresher		Appointment only	\$10
Textile Arts	Thursday (1, 2 and 3rd)	5 - 7 pm	\$15
Japanese Dough Art	Friday	2 - 4 pm	\$10 plus materials
Tole Painting	Thursday	3 - 5 pm	\$15

All classes require registration in advance at the Arts and Craft Center.

■ Community Clutural Center • 263-3939

(Map location 13)

LIFETIME SPORTS AND RECREATION PARTICIPATING ACTIVITIES

See mor details on page 12.

CLASSES

• Piano Class

Wednesday and Friday - Ms. Ishii
Monday and Thursday - Ms. Sekita
Tuesday - Thursday - Ms. Sako
Every other Wednesday and Friday - Ms. Amano

• Violin

Thursday - Ms. Noda

• Hula - Mr. Pueblos

Monday, Tuesday and Thursday

• Ballet

Friday - Ms. Kawamura

• Koto

Tuesday - Ms. Kawasaki

PAINTBALL TOURNAMENT

Saturday, 12 July, noon - 5 pm,
paintball the soccer field on Cherry

Lane this month. Call 263-3939 for more information.

GAMERS GATHERING

Saturday, 19 July, 9:30 am - 9pm.
See more details on page 12.

WHAT'S NEW WITH

Boss

Boss Meetings: Tuesday, 2 pm
8 July at Outdoor Recreation
22 July at the Auto Craft Shop

Starting this month, Tuesday Night Tournaments at the CZCC Firelight Lounge. Sign-up begins at 5 pm and play starts at 7:30 pm.

1 July - Dominos • 8 July - Pool • 15 July - Spades • 22 July - Darts • 29 July - Hearts

Only \$5 to enter
Prizes for first and second place. Everyone is eligible for door prizes

For more information, call 263-3939



盆
おど
り

2003 Bon Odori Festival

Saturday, 9 August 2003
(Sunday, 10 August for rain)

2003年8月9日 土曜日
(雨天: 8月10日 日曜日)

1030- Gates Open
1100- Games & Food Booths Begin
1130- Basketball Game
1200- DV and Youth Softball Game
1400- Naruko Dance
1500- Portable Shrine Parade
1600- Taiko Drum
1810- Bon Odori Opening Ceremony
1830- Bon Odori Dancing
2030- Fireworks
2130- Gates Close

MOTOR SPORTS SHOW

- Drag Racing Cars
- Indy Race Car
- Fast and Furious TM Cars
- American Muscle Cars
- Motorcycles

FOR MORE INFORMATION, 263-3939

T

tanning booth and aqua massager are available for use.

Costs are:

Tanning booth: \$2.50 a visit, \$20 for 10 visits, and \$35 for 20 visits.

Aqua massager: \$12 for 15 minutes.

■ Sports Office • 263-3954 (Map location 36)

AQUATICS

• Pool Hours

Yano Indoor Pool Hours (263-5037):

Monday - Friday 6 am - 6 pm

Sat, Sun, Holidays 10 am - 6 pm

Sagamihara Housing Area Outdoor Pool (267-6122):

Monday - Sunday noon - 6 pm

Through 1 September

Sagami Depot Outdoor Pool (268-4840):

Wednesday - Sunday noon - 6 pm

Through 31 August

SWIMMING POOL RESERVATIONS

• Pool Party Reservations

If you are considering a pool party, please submit a Pool Party Reservation Request to the Aquatics Director at the Yano Fitness Center no less than two weeks in advance of the date being requested. Forms are available at the Yano Fitness Center. Forms can be faxed to you at your request. Open dates can be verified by phone, however, a reservation is not officially accepted until the form has been submitted, the reservation date and time confirmed for availability by the Aquatics Director, availability of staff assessed (for after hours pool parties specifically), and the Aquatics Director approves the request. For more information, contact Kimberly Bailes, Aquatics Director, 263-5656.

• Training Reservations for Swimming Pool

If you are considering utilizing any of the pools for unit PT, "Drownproofing", or any other structured training program, you will have to submit a Pool Training Reservation Request to the Aquatics

SPECIALIZED STRENGTH TRAINING FOR FOOTBALL

... PANCAKE ...

This program is designed to teach participants safe and effective strength training. Participants will be supervised and instructed by a certified personal trainer / strength training instructor. Generally, participants will meet three times a week for about an hour.

PANCAKE SCHEDULE 2003
3 - 4 pm, at Yano Fitness Center
July: 2, 8, 11, 15, 18, 22, 25, and 29
August: 3

*Due to the nature of the activity, no more than six participants at a session will be allowed. All participants must complete a health survey and waiver (if under 18 signed by parent(s) / legal guardian) prior to participating. Instructor reserves the right to approve participant eligibility.



YANO FITNESS CENTER PRESENTS

CAMP ZAMA

OPEN

BODYBUILDING COMPETITION

Saturday, 26 July

MEN'S WEIGHT CATEGORIES

- LIGHT WEIGHT 143 ~ 154 LBS.
- MIDDLE WEIGHT 155 ~ 176 LBS.
- LIGHT HEAVY WEIGHT 177 ~ 198 LBS.
- HEAVY WEIGHT 198.5 LBS. & ABOVE

WOMEN'S WEIGHT CATEGORIES

- LIGHT WEIGHT 132 LBS. & BELOW
- HEAVY WEIGHT 133 LBS. & ABOVE

FINALS: 6 PM - 8 PM

CONTEST LOCATION: COMMUNITY CULTURAL CENTER

WEIGH INS: 7:30 AM - 9 AM

PRE-JUDGING: 9:30 AM - 11 AM

Special thanks to our Sponsors:

AQUARIUS **GNC**

For more info, please contact Joe at 263-4042.

*Sponsorship does not imply endorsement by the U.S. Government.



Director at the Yano Fitness Center. For reservations at the Yano Pool, submit your reservation request preferably two weeks in advance, but no less than one week in advance. For reservations at SHA or Depot pools, submit your reservation request no less than two weeks in advance. Forms can be faxed to you at your request. A reservation is not official until it is confirmed by the Aquatics Director. For more information, contact Kimberly Bailes, Aquatics Director, 263-5656.

CLASSES

• **Aerobics**

Aerobics are offered at Yano in the cardio room on the following days from 5 - 6 pm:

Beginner (Step I): Mondays

Advanced (Step II): Tuesdays

Advanced (Step II): Thursdays

• **Water Aerobics**

Water aerobics are offered at Yano Pool on the following days:

Tuesdays and Thursdays, 5 - 6 pm

Cost for aerobics and water aerobics: \$3.50 each class, \$15 per week, or \$25 per month.

PT "STRONG SOLDIERS"

PROGRAM MISSION


To help soldiers optimize their strength training regimen through hands-on instruction, suggestions, tips - resuming current programs, technique, or simple things such as answering questions or spotting.

****PT LEADERS - PLEASE CALL AHEAD FOR RESERVATIONS FOR UNIT STRENGTH TRAINING PROGRAMS. ** PT LEADERS THAT ARE INTERESTED BUT CANNOT MAKE THE DESIGNATED TIMES, PLEASE CALL FOR ALTERNATE TIMES**

On the following dates, a personal trainer will be available exclusively for active duty soldiers during PT time (0530 - 0700):

24 Jun, 23 Jul, 27 Aug,
30 Sep, 28 Oct, 26 Nov and 26 December.

For reservations, ideas, information, questions, call Stefan Tompasek at 263-5768.



For information on aerobics or water aerobics, please contact the instructor after class on those days, or contact Bonita Quinn at CBQuinn@zma.attmil.ne.jp

• **Yoga Class**

Hatha yoga is now being offered on Mondays, 10 - 11:30 am, at the Yano Fitness Center cardio room. Meditative yoga is now being offered on Wednesdays, 5 - 6:30 pm, at the Army Community Service Building. The cost is \$6 per class or \$20 per month (Monday or Wednesday). Sign-up at the Yano Fitness Center

front desk, 263-4664.

SERVICES

• **Jacuzzi, Steam Room and Sauna**

The jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings, the jacuzzi is closed for maintenance.

• **Masseuse** (massage therapist).

"Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Call the front desk at 263-4664 for an appointment. The cost is \$35 an hour, or \$25 for 30 minutes.

LEARN TO SWIM

Cost: \$35 per person per session

Session dates for Yano Pool and SHA pool:

Session 2:	30 June - 11 July
Session 3:	14 - 24 July
Session 4:	28 July - 7 August
Session 5:	11 - 21 August

• Saturday session (Yano/SHA): 21 June - 23 August

Session dates for Depot pool:

Session A:	25 June - 12 July
Session B:	16 July - 1 August
Session C:	6 - 22 August

Open registration for the summer "Learn-to-Swim" Program began 28 May

Registrations will be taken at the front desk. The deadline is the Wednesday prior to the start of each session. For more information, contact Kimberly Bailes, Aquatics Director, at 263-5656. Pick up a flyer at the Yano Fitness Center for specific times and levels offered.



T

owing Service and
Roadside Assistance.

We offer a towing service
and roadside assistance
Wednesday through Sunday.
Call for rates and more
information.

Anyone interested in starting
a Motor Sports Club please
contact Mr. Frank
Bordenave, at 263-3615.

■ Auto Craft Shop • 263-3615

(Map location14)

HOURS OF OPERATION:

Monday and Tuesday - CLOSED
Wednesday - Friday
1 - 9 pm
Saturday - Sunday
10 am - 6 pm

PLEASE NOTE:

- Wednesday - Friday clean up starts a half hour before closing.
- Sunday clean up starts one hour before closing.

SAFETY ORIENTATION

DA 3031-1 Qualifications Card for use of auto crafts is issued after a safety orientation given every day 15 minutes after opening, and Wednes-

day at 5 pm. This briefing is required before facility use.

The Auto Crafts staff is ready and able to help you on your way to more independent motoring. We encourage you to call or stop by to discuss your vehicle needs. With our support, you will find most basic maintenance is well within your capability. Improve your quality of life and get the satisfaction of doing it yourself while enjoying significant savings.

CLASSES

All classes are free (you bring your own supplies). All classes will be held on the second and fourth Wednesday of each month unless noted otherwise. Classes are limited to five people. Sign-ups must be done in person by the previous Sunday at the Auto Craft Shop. For example, anyone who wants to participate in a class held on 9 July must sign up by 6 July. For the month of July, we will have a class on "Balancing Your Tires". Classes will be on 9 and 23 July.

VOLUNTEERS

The Auto Craft Shop is always looking for volunteers who have some automotive / mechanical background. Please stop by the shop for more information on how you can give back to the military community. Volunteer application forms may be picked up at the Red Cross Office or the Army Community Services (ACS) building.

LIFETIME FITNESS

See page 12 on more details.

SERVICES

• **Used Vehicle Courtesy Inspection**
We offer a 20 point courtesy inspection for soldiers and eligible personnel who are considering the purchase of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying it. We do not make recommendations or give guarantees. Inspections are done by appointment only.

Ladies Day

...STARTING FRIDAY, 11 JULY...

NEW

Ladies, have you ever wanted to repair your car but just did not know how? Your Camp Zama Auto Craft Office is pleased to offer Ladies Day starting 11 July. On every 2nd and 4th Friday of each month you will receive personalized instruction and assistance to repair and keep your vehicle in top running shape. The personalized service is free; all you pay is a nominal facility usage fee. Contact Frank Bordenave at 263-3615 for an appointment.

CAR WASHES

New car washes are located at
Sagamihara Housing and Camp Zama

NEW PRICES
Water Wash: ¥300
Soap Wash: ¥500
Wash & Wax: ¥600

LOCATIONS AND HOURS

Camp Zama
Auto Crafts Shop, Bldg 621
Mon - Tue: 8 am - 4:45 pm
Wed - Fri: 8 am - 8:45 pm
Sat - Sun: 10 am - 5:45 pm

Sagamihara Housing Area: 24 hours
Behind the SHA Gym Annex, Bldg S-126

Sagami General Depot: 24 hours
Next to the AAFES Gas Station

Prepaid Cards
¥3,500 for ¥3,000

Prepaid Cards for the "New" Car Washes are for sale at the Zama Auto Craft Shop. The cost is ¥3,000, but you get ¥3,500 worth of washing! Ask Auto Craft Shop personnel for more information.

P

roshop Special: 4th of July. Up to 50% off on selected items. Shirts, shoes, balls, and bags (checkout our selection). Celebrate the birth of our country with the red, white and blue American Flag ball (10% off during the 4th of July Festival).

■ Zama Bowling Center • 263-4780 (Map location 6)

FAMILY TIME BOWLING

July Family Time Bowling will be on 2, 16 and 30 July, 3:30 - 5:30 pm. Lanes are going fast as this DCA sponsored event is still very popular. Free games and free shoes during Family Time. This benefit is for all SOFA sponsored military, DAC's, family members, and IHA/HPT/MLCs. This is for a limited time only, so take advantage of this program while it is offered. It is our way of thanking you.

BEST PRICING IN BOWLING

Monday - Friday 11 am - 4 pm:

Adults: \$1.75 a game

Kids: 75¢ a game

Shoes: 95¢

League members: \$1.50 at all times
After 4 pm, adults: \$1.75 a game.

BOWLING PARTIES

Bowling parties for all occasions. Hails and farewells, kids parties, organization days, retirements and promotions. Book your bowling party; we have a wide range of party packages available. Parties include bowling, shoes and food. Call 263-4780.

"600" SERIES SNACK BAR

Are you a frequent eater at the Zama Bowl Snack Bar? Pick up your frequent eater card. Just eat lunch five times and you can bowl two games free. Games can only be redeemed before 5 pm, and are good any day of the week except during tournaments. Remember, popcorn chicken is great for snacking, or with a meal, and is only available here.

WASHINGTON DC YOUTH ORCHESTRA CONCERT

Thursday, 3 July
Open 6 pm, Start 6:30 pm
Green Hall Sagami-hara

Program:
Walton: Coronation March
Beethoven:
Symphony No. 5 Fate, etc.



Free entrance (ticket is required)
You can pick up your ticket at Outdoor Recreation, phone 263-4505.

For more information, please call Ms. Takamizu at 263-4388

指揮者 金山隆夫(指揮者出身)

CAMP ZAMA BOWLING CENTER

MYSTERY BOWL 2

BEGAN 1 JUNE - 31 JULY

More Mystery...More Bowling Prizes...

MORE CHANCES TO WIN!

Win a sightseeing flight

Two certificates are available for a 45-minute flight with the Yokota Aero Club. Three people can fly using the one certificate. This exciting door prize can be yours just by filling out an entry form for Mystery Bowl II. Our nine big winners compete for one of two trips to an MWR resort in Hawaii.

No purchase necessary to win. Must be an authorized MWR patron to participate. No Army/IMWR endorsement implied. Trip winner under 18 years old must be accompanied by parent or guardian.

Another great summer of bowling and prizes (nine weeks of drawings include a bowling ball and bag, smoothie mixer kit, two way radios, wireless headphones and more). All you have to do is fill out a Mystery Bowl II entry form every time you bowl or eat at the Zama Bowling Center. Weekly drawings will be Wednesdays at 4 pm (began 4 June). No purchase necessary. Complete rules and entry forms are available at the Zama Bowling Center.









Sponsorship does not imply endorsement by the U.S. Government

■ Chapel Activities • 263-4898 (Map location 8)

CATHOLIC SERVICES

Mondays - Thursdays, noon - 12:15, daily mass, Blessed Sacrament Chapel

Sundays, 9:15 am, mass, Zama Chapel

1st Sunday of the Month, 5 pm, Parish Potluck, Religious Education Center

2nd Friday of the Month, 7 pm, Rosary Making, Religious Education Center

Last Monday of the Month, 7 pm, Catholic Women of the Chapel, Fellowship Room

PROTESTANT SERVICES

Sundays, 9:30 am, Sunday School, Religious Education Center (Bldg. 278)

Sundays, 11 am, Worship Service, Zama Chapel

Sundays, 5:30 pm, Youth Group

Fridays, Sunrise to Sunset, Prayer and Fasting

SAGAMIHARA INSPIRATIONAL SERVICES

Sundays, 9 am, Sunday School, Sagamihara Chapel

Sundays, 10:30 am, Worship Service, Sagamihara Chapel

Wednesdays, 7 pm, Bible Study, Sagamihara Chapel

LUTHERAN SERVICES

Sundays, 9 am, Worship Service, SHA Chapel

Fridays, 6:30 pm, Youth Choir (Lutheran), SHA Chapel

DEPOT SERVICES (PROTESTANT)

1st and 3rd Sundays, 10 am, Worship Service, Sagami Depot Chapel

SEVENTH DAY ADVENTIST SERVICES

Saturday, 9:15 am, Sabbath Worship Service, Zama Chapel

Wednesday, 6:30 pm, Prayer Meeting Service

Friday, 6:30 pm, Vespers Service,

contact Mr. Gilman at 263-9004 (W) or 046-293-0156 (H)

JEWISH SERVICES

2nd and 4th Friday, 5:30 pm, Yokosuka Naval Base Chapel. Call 243-9511 (LCDR Gersh) for details.

ON GOING BIBLE STUDIES

Sundays (13, 20 and 27 July), 2 pm, Experience Old Testament - VCR-TV, Religious Education Center, Ben Salinero, 263-3345

Tuesdays, 3 pm, "Experiencing God", Religious Education Center, Ben Salinero, 263-3345.

Tuesdays, 7 pm, "Book of James", 634 SHA, LTC Montgomery

Wednesdays, 7 pm, Bible Study, SHA Chapel, CH Lewis, 268-4242

The Zama Chapel community has many other programs for you and your family (bible studies, youth groups, men's groups, women's groups, and music programs). If you desire more information, please call the chapel at 263-4898.

■ Outdoor Recreation • 263-4671 (Map location 31)

DISCOVER THE DIFFERENCE - RENTAL VANS!

Take a spin in our late model 8-passenger Toyota HiAce vans! Free toll tickets included. Active duty at Zama/SHA/Sagami Depot reservations - up to 45 days prior to the pick up date; civilians at Zama/SHA/Sagami Depot - 40 days, and all other reservations - 30 days. Only \$50 per day, full rental fee required when you make the reservation to guarantee you the van will be ready on time. Also, trucks and cargo vans are available.

CLIMB THE GREAT WALL OR TAKE THE PLUNGE

Take the Zama Challenge - the fear factor is very near - rent the wall for your next Camp Zama unit, family, group or scout function. \$200/day rental fee includes climbing gear and instruction. One stop does it all - check out your next mountain bike, tent, party canopy,

tables, chairs, dunk tank, volleyball set, horseshoe set, tug of war ropes and more!

PET CARE THE EASY WAY

Experience the "best pet care in the Army", according to one recent customer's comments. Call our dedicated staff, Maria or Thomas, at 263-5915 for reservations and more information. Daily fees are \$15/dog kennel and \$10/cat kennel. PCS status has priority.

LOCK AND LEAVE

• Self Storage Units

Running out of space? We've got just the solution! The 2nd set of Lock and Leave self-storage units will be available July/August. Rates: monthly, \$50; 6 months, \$270; 12 months, \$480.

JULY ADVENTURES!

See the Local Tours page for Mt. Fuji hiking information class and Mt.

Fuji hiking trip, kayaking class and a trip to the lake. Drop by Outdoor Recreation to register today!

LIFE IS A PICNIC!

For your birthday, promotion, or just to relax, reserve a picnic area at Dewey Park, Sagami Depot Pool Picnic Area, Depot Shrine Park or Depot Pavilion (behind the gym). Cleaning deposit is required.

KAYAK/CANOE IN DEWEY POND

Enjoy the summer with our easy to handle sit-upon kayaks and 2-person canoes at Dewey Pond. Check out our "Discover" adventure series.

INSTRUCTORS, GUIDES, VOLUNTEERS, WANTED

Hiking, kayaking, canoeing, dog obedience class, rock climbing - the sky is the limit! Are you friendly, like talking and sharing information with other people? Please call us.

K

yoto Overnight

Saturday - Sunday,

12 - 13 July.

Depart: 2 am, Saturday

Return: 9:30 pm, Sunday

Kyoto served as the imperial capital of Japan for more than a thousand years and is noted

for its history, magnificent structures and natural scenery. Places to be visited

are: Sanjusangendo Temple,

Kiyomizu Temple, Nijyo

Castle, Toji Temple, Heian

Shrine and Kinkakuji Temple.

Sign up by Friday, 4 July.

Adults:

Single Room: \$210 Twin or

Triple Room: \$185 each

Youth:

Own Bed: \$175 Shared Bed

with a Parent: \$135

(one - night accommodation, breakfast, admissions, guide and bus transportation)

■ Zama Local Tours • 263-4671 (Map location 31)

TOKYO DISNEYLAND/ DISNEYSEA

Friday, 4 July

Thursday, 31 July

Depart: 7 am • Return: 11:30 pm

Adult: \$12 • Youth: \$9 (bus transportation only)

Enjoy Disneyland's seven theme lands or DisneySea's seven theme ports! Each theme land and port features unique exciting attractions and live entertainment.

TOSHIBA SCIENCE MUSEUM AND KAWASAKI DAISHI TEMPLE

Friday, 4 July

Depart: 8:30 am • Return: 5:30 pm

\$5 (guide and bus transportation)

First we'll take you to the Toshiba Science Museum which exhibits various kinds of the latest electronics. Next we'll visit Kawasaki Daishi Temple, built in the 12th century by a priest.

FUJIKYU HIGHLAND

Saturday, 5 July

Depart: 7 am • Return: 6:30 pm

\$10 (bus transportation only)

Take a ride on the "King of Coasters," the Fujiyama, or the Dodonpa. Fujikyu Highland also features other exciting roller coasters, a Haunted House and more!

TOSHIMAEN AMUSEMENT PARK

Saturday, 5 July

Saturday, 18 July

Depart: 7 am • Return: 6:30 pm

\$10 (bus transportation only)

Beat the heat with a trip to Toshimaen! This amusement park has rides, roller coasters, water park wave pool, and other water areas.

KAMAKURA EXCURSION

Sunday, 6 July

Depart: 8 am • Return: 5 pm

Adult: \$26 • Youth: \$22

At the historical seaside town of Kamakura you will visit the Great Buddha, Hase Temple and Hachimangu Shrine.

(Buddha and Hase temple admission, guide and bus transportation)

TANABATA STAR FESTIVAL

Sunday, 6 July

Depart: 11 am • Return: 7 pm

\$5 (bus transportation only)

Travel with us to Hiratsuka City and see the Tanabata Festival! This festival is based on a folk tale about Weaver and Altair, two stars separated by the Milky Way that are allowed to meet once a year.

YOKOHAMA ZIP TRIP

Monday, 7 July

Depart: 9:30 am • Return: 6 pm

Adult: \$9 • Youth: \$5 (bus transportation only)

Explore the famous Yokohama area! Visit Minato Mirai 21, Chinatown, Motomachi and Yamashita Park.

DISCOVER MT. FUJI HIKE INFORMATION NIGHT

Thursday, 10 July

Thursday, 17 July

Start: 5:30 pm • End: 6:30 pm

Cost: N/A

Mt. Fuji is the most famous and highest mountain in Japan. Before you begin your trek, pick up a few tips from Outdoor Recreation on what to expect on the climb. Sign up by Wednesday, 9 July / Wednesday, 16 July.



- Mt. Fuji Hike Trip - 26 July and 2 August.

YOKOTA SHOPPING

Saturday, 12 July

Depart: 8 am • Return: 4:30 pm

\$5 (bus transportation only)

We'll take you to the Yokota BX/PX on this tour to help you with your summer shopping. The BX/PX has a variety of shopping areas.

DISCOVER KAYAKING INTRO CLASS AT DEWEY PARK

Saturday, 12 July

Start - End: 8:30 - 9:30 am

9:45 - 10:45 am

Adult \$5 (one hour class with the instructor)

Friendly introductory class for beginners. Participants will be taught only the basics. Sign up by Wednesday, 9 July.

- Kayaking at Lake Ashi Trip - 26 July.

NEW SANNO BRUNCH AND MINATO MIRAI 21

Sunday, 13 July

Depart: 9 am • Return: 5:30 pm

Adult: \$30 • Youth: \$20 (brunch, guide and bus transportation)

First, we'll stop at the New Sanno for Sunday Brunch. Then enjoy some free time to go shopping or sightseeing on your own at the Minato Mirai 21 District.

HAKONE EXCURSION

Saturday, 19 July

Depart: 7 am • Return: 6 pm

Adult: \$34 • Youth: \$29

Experience Hakone, a lovely national park with natural surroundings. Visit the Hakone Shrine, Old Hakone Check Point, Owakudani and take a boat cruise on Lake Ashi. (check point admission, boat cruise fee, guide and bus transportation)

CULTURAL EXPERIENCE OVERNIGHT IN IZU

Saturday - Sunday, 19 - 20 July

Depart: 7 am, Saturday

Return: 3 pm, Sunday

Adult: \$100 • Youth: \$85

Ever want to stay in a Japanese Inn, sleep on a futon and eat Japanese seafood cuisine? Enjoy this Japanese culture experience while you are in Japan. Sign up by Saturday, 21 June. (one night accommodation, dinner and breakfast, guide first day and bus transportation)

YOKOHAMA FIREWORKS

Sunday, 20 July

Depart: 4 pm • Return: 9:30 pm

\$5 (bus transportation only)

View the spectacular Yokohama Port Festival Fireworks display from North Dock, located right across the harbor. This 45 minute show will ignite approximately 8,000 fireworks!

MT. FUJI HIKE

Saturday, 26 July

Depart: 4 am • Return: 9 pm

\$26 (guide and bus transportation)

Every climbing season thousands of people climb Mt. Fuji from the 5th Station to reach the summit for a spectacular view of the Pacific Ocean and the Japan Alps.

- Mt. Fuji Info Class - 10 July and 17 July.

YOKOSUKA SHOPPING

Saturday, 26 July

Depart: 8 am • Return: 3:30 pm

\$5 (bus transportation only)

The Navy Exchange in Yokosuka has an assortment of shops, the Fleet Recreation Center has a variety of outdoor and sports gear, and there is a huge food court.

KAYAKING EASY! AT LAKE ASHI

Saturday, 26 July

Depart: 5 am • Return: 5 pm

Adult \$55 (instructor, rental kayak/canoe, life jacket and van transportation)

Enjoy the view of Mt. Fuji over the Hakone mountain range, plus spend time at Hakone Yasuraginomori Park and the nearby restaurants and souvenir shops. Sign up by Wednesday, 16 July.

- Intro class at Dewey Park - 12 July.

BLUEBERRY PICKING AND MT. FUJI 5TH STATION

Sunday, 27 July

Depart: 7 am • Return: 5 pm

Adult: \$28

Youth (ages 6 - 12): \$25

Youth (ages 3 - 5): \$20

(blueberry picking fee, guide and bus transportation).

Enjoy a fun-filled day at Lake Kawaguchi, one of Mt. Fuji's 5th Stations and incredible lakes. After, pick and eat all the blueberries you can in 30 minutes.

NIKKO EXCURSION

Sunday, 27 July

Depart: 5 am • Return: 8 pm

Adult: \$37 • Youth: \$31 (admission fee, guide and bus transportation).

Come and take a day trip to Nikko! It is best known for the Toshogu Shrine. Other sites you will visit are Rinnoji Temple, Futarasan Shrine, Daiyu-in, Lake Chuzenji, Kegon Falls and Ryuzu Falls.



Flea Market.

The popular "FREE" Flea Market "Vegetable Market" will be held on 12 and 26 July at the Torii Stations LZ Renegade area, located near the beach. More vendors are still needed. The hours are noon - 3:30 pm. This is Okinawa's only FREE Flea Market, and is open to the Island community. Entrance will be through the "Beach Gate". Call 644-4334 for further information or assistance.

■ Torii Station, Okinawa MWR Activities • 644-4703 (Map location page is)

ARMY COMMUNITY ACTIVITIES (10)

There will be a full month of activities beginning with a Newcomer's Briefing on 7 July. A Financial Readiness Class will be offered on 8 July in the ACS briefing room, Bldg 236. A Gate Two Orientation Walking Tour is available for all interested individuals on 26 July. A Credit Card class will be held in the ACS briefing room, Bldg 263, on 22 July. Call 644-4110 for further information and program times.

ARTS AND CRAFTS (1)

Framing and matting instruction are available for all members of the military community. The Woodworking and Ceramics Departments are also available for use. Discover a new hobby and talent that you never knew existed! Call 644-4403 Monday, Thursday and Friday from noon - 8 pm, or visit Bldg 240 near the main gate.

AUTO SKILLS CENTER (2)

The latest addition to the MWR Family is the recent opening of the Auto Skills Center. If you haven't had the

opportunity to take advantage of this modern center with the finest equipment available, take the time now. Your auto problems can be resolved with the help of a professionally trained staff. The Center is open Thursday-Monday, 11 am - 8 pm (closed Tuesdays and Wednesdays).

CORAL COVE CLUB (3)

This is the place with activities every night of the week. On Wednesday, 5 - 7 pm, "build your own taco's" free with your first drink. On Thursday, the ever popular "Cook Your Own Steak or Chicken", 5 - 8:30 pm, on the beach. Dine in the ambience of the East China Sea and bring the kids to enjoy the new "Kids Value Meal" hot dog or hamburger, beans, cole slaw and a soda. On Friday, 5 - 8:30 pm, "Cook Your Own Steak or Chicken" on the front patio. Also included, a "Kids Value Meal". For entertainment, wind down in the Lounge with free snacks, pool or karaoke from 5 - 9 pm. DJ Tony Ross will entertain you with the latest chart sounds from 9 pm - 1 am. Two \$25 cash prizes will be given, compliments of AT&T. Join us on "Saturdays Ladies Night" featuring karaoke, 5 - 9 pm, and DJ Tony from 9 pm - 1 am. Sunday Brunch is the finest offering on the Island and the best price in town.

SCUBA LOCKER

The Scuba Locker has all of the latest equipment for the true diver. Our summer stock is full and we will be holding a Super Summer Sale from now until Labor Day. Purchase the latest style in Hawaiian shirts from us. We offer a sale on equipment from a different vendor each week. This is the time to buy all of those great dive goodies that you've been looking at throughout the winter months. Whether you are a brand new diver, a novice or you desire to upgrade to the top level of qualification, we have a highly qualified staff to train you. Check with the training staff to sign up for SCUBA



Campers will soon be able to enjoy two-room cabins at Torii Station. Construction for four cabins began on 29 May at a groundbreaking ceremony. Slated to be finished in November, the cabins will be air conditioned, fully furnished, equipped with a kitchenette, and can easily accommodate four individuals.

classes, and don't forget about the opportunity of a lifetime. Dive with a Whale Shark! It has the demeanor of a puppy dog, so come on out and get some great pictures. Did you know that the SCUBA Locker offers FREE Air Fills to all ID card holders! Call 644-4795 for further information on class schedules.

SPORTS AND RECREATION (4)

The popular Army golf event at the Kadena Banyan Tree Golf course is Tuesday, 1 July. Show time is 12:30 pm for a 1 pm tee off. Skill is not necessary because the format is a four person "Scramble", which means you may select one of the four shots. All participants must register and pay their fees to Mike Collins at 644-4144 or e-mail michael.collins@okinawa.army.mil. "Beach Blast Volleyball" will be held for island-wide participants on 26 July. There will be cash prizes for the

first three places. This is 3 on 3 volleyball. Register at the Torii Fitness Center, 644-4334, or show up prior to the 9 am start and pay a small fee of \$5 per player, maximum 5 players per player.



THEATER (7)

Enjoy the free movies brought to you by the AAFES and Torii DCA Division every Friday through Monday starting at 7 pm. Look for schedules in the "Island Market", "This Week On Okinawa" and the monthly "Torii Newsletter".

Youth Torch Club


POWER OF YOUTH

5 August, 9 September, 21 October and 18 November

This is one of many activities which teens participate in through the Youth Services Torch Club. This activity is a collaboration between the Yano Fitness Center Personal Trainer, Stefan Thompson, and Youth Services. This program is an introduction to fitness and includes elements such as weight room terminology, explanations, benefits etiquette, workout structure and hands on participation weight - lifting.

For details, or to sign up your child for the Torch Club, please contact Youth Services at 263-4500.

COORDINATORS:
"Youth Services" and Stefan Thompson,
Yano Fitness Center



For more specific information on the Power of Youth activity, please contact Stefan Thompson at the Yano Fitness Center, 263-5168.

Directory of MWR Facilities & Additional Activities

DIRECTORATE OF COMMUNITY ACTIVITIES

263-7611

Army Community Services Branch

- Army Community Services 263-8327
 - Mon, Wed & Fri 0730-1630
 - Tue & Thu 0730-1730

ZAMA Golf Club

- Administrative Office 263-4224
263-4966
- (All the following golf activities are open during lunch.)
- Course/Starter 263-4975
 - Mon-Fri 0800-Dark
 - Sat, Sun & Hol 0700-Dark
- Restaurant 263-4328
 - Mon-Fri 0630-1700
 - Sat, Sun & Hol 0600-1700
- Pro Shop 263-5284
 - Mon-Fri 0715-1500
 - Sat, Sun & Hol 0615-1500
- Driving Range 263-4565
 - Tues-Sat 1200-2030
 - Mon (No Attendant) 1200-2030
 - Sun 1600-2000
- Bar
 - Mon-Fri 1100-1700
 - Sat, Sun & Hol 0615-1700
- Chip Inn & Snack Stand
 - Mon-Fri 0745-1530
 - Sat, Sun & Hol 0730-1530

Community Operations Division

- ADMINISTRATIVE OFFICE 263-4452
263-5614
- BOWLING CENTER ZAMA 263-4780
 - Mon - Wed & Sat 1100-2000
 - Thu & Fri 1100-2230
 - Holidays 1100-1700
- BOWLING CENTER DEPOT 268-4954/4606
 - Tue - Sat 1100-2000
 - Sun - Mon Closed
- ZAMA COMMUNITY CLUB 263-4133
 - Lunch
 - Tue-Thu 1045-1315
 - Sunday Brunch 1000-1330
 - Cashier & Game Rooms
 - Sun-Thu 1000-2300
 - Fri 1000-0230
 - Sat 1000-0330
 - Catering 263-4204
 - Tue, Thu & Fri 0930-1730
 - Wed Appts Only
 - Café Roberto
 - Tue-Thu & Sun 1100-2200
 - Fri 1100-0100
 - Sat 1100-0100
 - Cornerstone Game Room (no bar)
 - Tue-Thu & Sun 1000-2300
 - Fri 1000-0330
 - Sat 1000-0230
 - Eda's Seafood & Filet
 - Thu & Sun 1700-2100
 - Fri & Sat 1700-2200
 - Firelite Lounge
 - Sun, Tue-Thu 1630-2300
 - Fri 1630-0330
 - Sat 1900-0230
 - USA Dining Room
 - Tue, Thu & Sun 1700-2100
 - Wed Closed
 - Fri-Sat 1700-2200
- HOB NOB INN 267-6372
 - Lounge & Game Room
 - Mon, Tue & Thu 1630 - 2100
 - Wed 1630 - 2300
 - Fri 1630 - 0100
 - Sat 1900 - 0100
 - Sun Closed
 - Restaurant (Closed)
- SAGAMI LOUNGE 268-4954

Take Out 268-4142

- Lunch Mon-Fri 1100-1300
- Dinner Tue-Sat 1700-2000
- Lounge/Game Room
 - Tue-Thu 1100-2200
 - Fri 1100-2400
 - Sat 1630-2300
 - Open during lunch

Community Recreation Division

- ADMINISTRATIVE OFFICE 263-7935
- ARTS & CRAFTS CENTER 263-4412
 - Mon-Tue Closed
 - Wed-Thu 1300-2100
 - Fri, Sat & Sun 1000-1800
 - Open during lunch
- AUTO CRAFTS SHOP 263-3615
 - Mon-Tue Closed
 - Wed-Fri 1300-2100
 - Sat-Sun 1000-1800
- COMMUNITY CULTURAL CTR 263-3939
 - Mon-Fri 0900-2045
 - Sat, Sun & Hol Closed
 - Open during lunch
- INTERNATIONAL TOURS 263-5273
 - Mon-Fri 1000-1800
 - Open during lunch
- LIBRARY 263-3517
 - Zama
 - Mon-Thu 1000-2030
 - Fri- Sun & Hol 1000-1800
 - Open during lunch
 - Depot 268-4523
 - Tue-Thu 1100-1900
 - Fri & Sat 0900-1700
 - Sun, Mon & Hol Closed
 - Open during lunch
 - Sagamihara 267-6603
 - Tue-Thu 1000-1900
 - Fri-Sat 0900-1800
 - Sun, Mon & Hol Closed
 - Closed for lunch 1400-1500
- OUTDOOR RECREATION 263-4671
 - Vehicle Rental/Equipment Rental
 - Mon-Fri 0900-1730
 - Sat-Sun 0800-1600
 - Holidays 1000-1400
 - Open during lunch
 - Local Tours 263-4671
 - Mon-Fri 0900-1730
 - Holidays 1000-1400
 - Open during lunch
 - Animal Boarding Kennels 263-5915
 - Mon-Fri 1000-1700
 - Sat-Sun, Holidays 1000-1600
 - Closed for lunch 1230-1330
- POOLS 263-5656
 - YANO
 - Mon-Fri 0530-1800
 - Sat-Sun, Holidays 1000-1800
 - SHA
 - Mon-Sun 1200-1800
 - DEPOT
 - Wed-Sun 1200-1800
- SPORTS/FITNESS CENTER 263-4664
 - Zama
 - Mon-Fri 0530-2030
 - Sat-Sun, Holidays 1000-1800
 - Open during lunch
 - Sagamihara
 - Open 24 hours
 - Depot 268-4729
 - Mon-Fri 1100-2000
 - Sat & Sun 1000-1700
 - Open during lunch

Child and Youth Services Branch

- ADMINISTRATIVE OFFICE 263-5701
- Child & YS Coordinator 263-8086
- (All the following CDC facilities are open during lunch.)

- Central Registration 263-4743
 - Mon-Fri 0730-1630
- Depot Dev Group Home 268-4625
 - Mon-Fri 0830-1730
- Sagamihara CDC 267-6564
 - Mon-Fri 0530-1800
- Zama CDC 263-4992
 - Mon-Fri 0530-1800

■ YOUTH SERVICES

- Depot Youth Center 268-4625
- Zama Youth Center 263-4500
 - Mon-Thu 1430-1930
 - Fri-Sat 1200-2100
 - Sun Closed
- School Age Services (SHA) 267-6317
 - Mon-Fri 0630-1800
- Youth Sports 263-5437
 - Tue-Sat 0900-1800
 - Open during lunch

Services Division

- ADMINISTRATIVE OFFICE 263-5962

Zama Lodging

- ADMINISTRATIVE OFFICE 263-3293
- Reservation Desk 263-2775
- Front Desk 263-3830
- Open 24 hours/7 days a week

USAG-J Okinawa MWR

■ DIRECTOR COMMUNITY ACTIVITIES 644-5396

- ARMY COMMUNITY SERVICE
 - Director 644-4110
 - Receptionist 644-4175
 - Relocation Coordinator 644-4385
 - Outreach/Volunteer Coordinator 644-4116
 - Finance/Consumer Affairs/AER 644-4378
 - School Liaison Officer 644-4908
 - Family Advocacy 644-4106
 - AF TB / AFAP Manager 644-4743
- ARTS & CRAFT CENTER 644-4303
 - Lobby 644-4706
- CORAL COVE COMMUNITY CLUB
 - Business Manager 644-4894
 - Lounge 644-4306
 - Cashier Cage 644-4426
 - Kitchen 644-4505
- LIBRARY 644-4468
 - Staff Room 644-5335
- MARKETING 644-4703
 - Commercial Sponsorship 644-4495
 - Graphic/Illustration 644-4665
- MOVIE THEATER 644-4381
- SPORTS/OUTDOOR REC 644-4144
 - Customer Svc/Pavilion Rental 644-4334
 - Sports Specialist 644-4797
 - Event Coordinator 644-4169
 - Swimming Pool 644-4389
 - Scuba Locker 644-4795
 - Retail Sales 644-4290
 - Equipment Issue 644-4263
 - Parks, Picnic & Beach 644-4698

Kure Harbor Club

- MWR Office 0800-1630 256-2580
256-2581
- Outdoor Recreation 0900/1700 256-2575
- Dining Room
 - Mon-Fri (Breakfast) 0700-0830
 - Mon-Fri (Lunch) 1130-1300
 - Tue-Sat (Dinner) 1630-2000
- Bar
 - Mon 1630-2000
 - Tue-Sat 1630-2200
- PX / CLASS 6
 - Mon-Fri 0900-1730
 - Sat 1130-1530

CAMP ZAMA COMMUNITY

4TH OF JULY 2003 CELEBRATION EVENTS

EVENT TIME LINE

0715	Youth 3K Fun Run Ages 18 & Under.*
0740	Adult Liberty 5K Fun Run.
0830	Awards. (Fun Run)
0900	One Pitch Softball Tournament.*
1200	Food Service Begins.
1200-1800	Games 0 & Up Begins at CDC. (Water Play Area, Goop Table, Bouncy Castle, Duck Luck.) Games from YS.
1215	Water Balloon Toss, Ages 9 & Up.*
1230	Opening Remarks.
1245	Tug-O-War, Volleyball Tournament, & Climbing Wall Opens.
1300	Canoeing (Dewey Park) & Entertainment Begins. BOSS Apollo Day.
1345	Gunny Sack Races, Ages 7 & Up.*
1400	Hot-Dog Eating Contest & Rope Course Race.
1415	Skate Board Competition, Ages 10 & Up.
1500	HMMWV Pull Competition.
1545	Pie Eating Contest.
1630	Youth Slam Dunk Competition, Ages 10 & Up.* Pie Eating, Melon Eating Rope Course & Canoeing.*
1545	Pie Eating Contest.
1730	Melon Eating Contest.
1800	Jalapeno Eating Contest.
1915	Awards Ceremony.
2030	Fireworks.

* Denotes Youth Events.

THANK YOU

TO OUR SPONSORS FOR SUPPORTING THE CAMP ZAMA COMMUNITY AND "AMERICA'S BIRTHDAY".



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WHOLESALE

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HERSHEY  **JAPAN**